

City of DuPont & All Sports have joined together to offer Spring King Cobras Track Club Steilacoom DuPont Lakewood

April 18th thru July 27th
Practice: Monday, Tuesday & Wednesday 6:00 -7:15 PM Saturday 9:00-10:30 AM
Ages 4 thru Adult
Distance runs to include Sequalitchew Creek for qualified runners

Meets: Wednesdays at Sparks Stadium in Puyallup (optional)
Some participants may qualify for post season meets
Optional meets are \$7 and payable to meet coordinator during the season
Coaches are Level 1 USATF certified

Practices are held at Pioneer Middle located at
1750 Bob's Hollow Lane, DuPont, WA
For registration information, call or email Parks & Rec at (253) 912-5245
parksandrec@dupontwa.gov
For program questions or information, call Mark Brinkhaus at (253) 948-2401

COST: \$85 before March 1st, \$105 after March 1st (cost includes tax)
Uniform fee \$35 (unless you have last year's uniform)
Bring water bottle and running shoes
All Participants must have a signed concussion form on file with the City of DuPont

Parents/Guardians of all participants are requested to sign the following release. I/We assume all risks and hazards incidental to such participation including transportation to and from the activities and do hereby waive, release, absolve, indemnify and agree to hold harmless the City of DuPont, Steilacoom School District, Clover Park School District, team sponsors, supervisors, officials, coaches, volunteers and persons transporting myself or my/our child for any claim arising from injury to myself or my/our child. Furthermore, in case of an emergency, and my child should require medical attention, I give permission for a coach, or the coaches designee, to secure the emergency medical attention required. Any direction to the contrary should be noted and signed. I agree that pictures taken during program hours may be used for future promotional purposes.

X Participant's Signature (or guardian if minor) Printed Name Date

Mail or Deliver to: City Hall:1700 Civic Drive DuPont, WA 98327 (Payable to City of DuPont)